

## Wellness & Spa

GRAND HOTEL  
BRIONI  
PULA

A RADISSON COLLECTION HOTEL

# Gemma Brioni



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WE INVITE YOU TO **REBALANCE YOUR ENERGY FLOW** AND TO **REVITALIZE YOUR BODY AND MIND** IN OUR PROFESSIONAL WELLNESS. OUR DESIRE IS TO TAKE YOU AWAY FROM YOUR DAILY COMMITMENTS, LEAVE BEHIND THE STRESSES AND MONOTONY OF YOUR DAILY LIFE. THE EXPERIENCED TEAM WILL HELP YOU DETERMINE THE BEST SERVICES AND WILL ASSIST YOU TO GIVE YOUR MIND, BODY AND SOUL THE MAXIMUM RELAXATION. FOR DEEP WELL-BEING WE OFFER RITUALS AND TREATMENTS WITH **FRENCH COSMETOLOGY**, **ZEN SPA WITH FINISH SAUNA, BIO SAUNA AND STEAM BATH** AS WELL AS **INDOOR POOL AND INFINITY OUTDOOR POOL**. STEP INTO TRANQUILLITY AND IMMERSE YOURSELF IN SOOTHING WARMTH AND HEAVENLY AROMAS. WE OFFER YOU A UNIQUE EXPERIENCE THAT WILL MAKE YOU FEEL REBORN.

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A WORLDWIDE BRAND WITH A UNIQUE  
CONCEPT OF USING TRACE ELEMENTS AND  
GRINDS EXTRACTED FROM PRECIOUS STONES  
TO PRODUCE LUXURY SKINCARE PRODUCTS  
WITH SCIENTIFICALLY PROVEN RESULTS.  
CREATED IN FRANCE BY CHRYSTELLE LANNOY,  
GEMOLOGY OFFERS A FULL RANGE OF LUXURY  
FOR BOTH FACE AND BODY. WITH BENEFITS  
FROM 20 GEMSTONES THERE IS A PRODUCT TO  
SUIT ALL SKIN TYPES. WHETHER IF YOU ARE  
USING THE PRODUCTS AT HOME OR ENJOYING  
GEMOLOGY TREATMENTS AT THE SPA YOU ARE  
SURE TO BE OFFERED A UNIQUE EXPERIENCE.

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THALGO



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THE UNDISPUTED EXPERT IN MARINE INTELLIGENCE FOR OVER 50 YEARS, THALGO EXPLORES THE OCEANS TO EXTRACT POWERFUL ACTIVE MOLECULES WITH UNRIVALLED BENEFITS, IN ORDER TO PROVIDE OPTIMUM EFFECTIVENESS AND EXCEPTIONAL SENSORIALITY. AT THE HEART OF EACH THALGO TREATMENT IS A UNIQUE KNOWLEDGE, PROFESSIONAL TECHNIQUES, THE PRECISION OF EXCLUSIVE MASSAGES, EXPERT TREATMENT DEVICES, DIVINE TEXTURES AND CAPTIVATING FRAGRANCES, FOR A UNIQUE TREATMENT EXPERIENCE AND A GUARANTEE OF LASTING AND VISIBLE RESULTS.

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# GEMOLOGY

## FACE CARE





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## THE CLASSICS 60min

### GEM DRY SKIN CARE

The alliance of Jade and Malachite lights up the complexion, the skin is comfortable and moisturized

102,00 €  
768,52 kn

### GEM COMBINATION SKIN CARE

Ruby, through its regulating action, and Red Jasper unveil the glow of a healthy and fortified skin

102,00 €  
768,52 kn

### GEM SENSITIVE SKIN CARE

The sweetness of Sapphire and Lapis Lazuli soothes the skin. The complexion is brighter

102,00 €  
768,52 kn

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## THE PRECIOUS 75min

### JADE TONIFYING SKIN CARE

With the combined action of Jade, Peony and Cranberry, the skin rejuvenates. The oval shape is redrawn, the skin is soft and moisturized

116,00 €  
874,00 kn

### AMETHYST COMBINATION SKIN CARE

The delicacy of Amethyst to unveil the fineness of a refined, uniform and tighten skin texture. The complexion is light and radiant

116,00 €  
874,00 kn

### SMITHSONITE SENSITIVE SKIN CARE

The immediate comfort of a perfectly protected skin. The complexion regains radiance and is genuinely soothed

116,00 €  
874,00 kn

### DIAMOND GEL MASK SKIN CARE

An incredible fresh sensation thanks to the hydrogel texture enriched in 30 ingredients, for an anti-aging efficiency and a radiance boost

116,00 €  
874,00 kn



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## **THE ANTI-AGING 90min**

### **DIAMOND ANTI-AGING SKIN CARE**

The indomitable Diamond unveils its secret to be combined with Orchid. The face is rested and lighted up. Wrinkles and fine lines are smoothed out

146,00 €  
1.100,04 kn

### **DIAMOND YOUTH & COLLAGEN MASK**

Real restructuring care and hydrating thanks to its pure collagen mask. It improves the texture of the skin, tonifies and smoothes

175,00 €  
1.318,54 kn

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# THALGO

## FACE CARE



### HEART OF THE OCEAN RITUALS

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THE VITAL FORCE OF THE OCEANS CONCENTRATED  
AT THE HEART OF A CAREFULLY TAILORED  
TREATMENT TO MEET THE SPECIFIC NEEDS OF EVERY  
SKIN TYPE. EFFECTIVE SIGNATURE PROFESSIONAL  
PRODUCTS AND A SENSORIAL, RELAXING MASSAGE  
ARE AVAILABLE IN 3 TREATMENT RITUALS.

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## RITUAL 60min

### SOURCE MARINE RITUAL - DEHYDRATED SKIN

At the heart of Source Marine lies an exceptional “water of beauty”: it hydrates every epidermal cell. It also contains detoxifying Lumisource, gives a new, perfect brightness to dull skin

88,00 €  
663,04 kn

### COLD CREAM MARINE RITUAL - DRY AND SENSITIVE SKIN

Fills, soothes and repairs dry and sensitive skin, it combines an algae oil with exceptional bioassimilation properties, an algae wax and Sève Bleue des Océans, to bring comfort to the most demanding skin

88,00 €  
663,04 kn

### PURETE MARINE RITUAL - COMBINATION SKIN

For long-lasting shine control, visible correction of enlarged pores and a reduction in the appearance of imperfections, it slows the skin’s excessive sebum production

80,00 €  
602,76 kn

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## RITUAL 90min

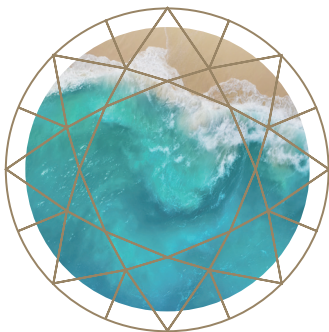
### EXCEPTION RITUAL

At the heart of Source Marine lies an exceptional “water of beauty”: it hydrates every epidermal cell. It also contains detoxifying Lumisource, gives a new, perfect brightness to dull skin

130,00 €  
979,49 kn

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# IBEAUTY



## DEDICATED TREATMENT MENU

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PROFESSIONAL DEVICE COMBINING 3  
TECHNOLOGIES INSPIRED BY AESTHETIC  
MEDICINE WITH PROVEN EFFICACY

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- NON INVASIVE • NON AGRESSIVE
- COMPLETELY SAFE





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### **HYDRATION CORRECTOR 50min**

The ideal partner for thirsty, tired and dull skin. This treatment boosts natural moisture and corrects the skin's level of hydration. The skin is replanished in depth.

61,00 €  
459,60 kn

### **ANTI-AGING ACTIVATOR 50min**

Inspired by the anti-aging techniques of aesthetic medicine, this treatment is a concentration of efficacy to fight against the signs of time. Its high frequency microcurrent induces tissue heating, to regenerate, plump and firm the skin. Its tripolar probe provides heat control for perfect safety.

72,00 €  
542,48 kn

### **WRINKLE CORRECTOR 40min**

In a minimum amount of time, the synergy of I Beauty and Marine cosmetic technologies offers your skin new youth. Wrinkles are repelled, skin is lifted and your face is rejuvenated after the very first session.

72,00 €  
542,48 kn

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# BODY

## CARES & RITUALS



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## THE BODY CARES BY GEMOLOGY

**NEW ZEALAND ROTORUA** 147,00 €  
**VOLCANO MINERALIZING BODY CARE 75min** 1.107,57 kn

Enjoy a privileged moment where stress and fatigue are taken away. Appreciate the limitless benefits of this skin care

**SLIMMING CARE WITH TEA** 147,00 €  
**LEAVES AND COCOA BEAN 75min** 1.107,57 kn

Eliminate, drain, detoxify. Curves are smoothed, the silhouette is slimmed

**LIGHT LEGS CARE 70min** 98,00 €  
738,38 kn

The unique experience of a “cold care”, a dizziness of freshness. A care to have light legs and svelt silhouette

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## SPA RITUALS BY THALGO 120min

*Scrubs, baths, body wraps, massages and rituals,  
all essential ways of taking care of your beauty*

### MER DES INDES

1st harmonising ritual inspired by Ayurveda and based on MarmaScience to restore mind and body harmony. “Marmatherapy” stimulates the Marmapoints using fingerpressure to unblock them. This technique is often compared to acupuncture points.

206,00 €

1.522,18 kn

### MERVEILLE ARCTIQUE RITUAL

Glorious experience created by bringing together heat and cold, for deep relaxation. Set off to discover the marvels of nature at the pole of the Earth: landscapes of immaculate white ice, sensorial hot springs, and incredible sea life, for an extraordinary Spa experience. Enjoy the benefits of ancient Nordic rituals, where relaxing heat and invigorating cold take turns calming the body and releasing tension.

206,00 €

1.522,18 kn

### PRODIGE DES OCEANS 2h

*Treatment Experience - Ultimate Revitalisation & Relaxation*

This exceptional Ritual offers the ultimate in revitalisation for total youthfulness and deep relaxation. The revitalising benefits of 63 marine active ingredients are teamed with a face massage, inspired by age-old Japanese manual facelift techniques, to visibly smooth wrinkles and restore the skin’s firmness and elasticity. The body massage combines manoeuvres that relieve tension for complete relaxation. A moment of pure pleasure that extends from head to toe to feel deeply revitalised and soothed.

224,00 €

1.687,73 kn



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## THE SCRUBS 30min

### FIRMING AND SLIMNESS

59,00 €

#### SAPPHIRE SALTS SCRUB

444,54 kn

The minerality of salts joins the efficiency of Sapphire for a drained, firmed and detoxified body

### RELAXING MOTHER OF PEARL SCRUB

59,00 €

The sweetness of Mother of Pearl and the destressing action of Peridot to refine the skin texture. The body is relaxed and the skin is soft

444,54 kn

### ENERGIZING SCRUB ECLAT DE MANGUE

59,00 €

A fibrous texture, rich in vitamins, that brings a sensation of purity. A Sapphire cream with a nice fragrance of mint for a stimulating action

444,54 kn

### GINGER EXFOLIATING SCRUB

59,00 €

This scrub is rich in ginger powder which gently exfoliates the skin and wraps it in soft, aromatic notes.

444,54 kn

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# MEN'S TREATMENTS



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## MEN FACE CARES

### **JADE TONIFYING CARE BY GEMOLOGY 75min**

The regenerative action of Jade and its anti-stress properties are antioxydant allies to dynamize and moisturize the skin

116,00 €

874,00 kn





### **OCEAN MARINE BY THALGO 60min**

Sensitive to shaving, exposed to the stress of active life, men's skin needs tailored skin care. The active ingredients deeply revitalize and stimulate and regenerate the skin

88,00 €  
663,04 kn

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### **MEN BODY CARES**

#### **PINK GARNET BODY CARE 45min/75 min**

The combination of Garnet stone, Cranberry and Raspberry for a regenerating wrap. under the effect of a precious cocktail made of anti-aging actives, you will enjoy a unique moment. Your skin is tonic, uniform, regenerated and protected from external aggressions.

85,00 €  
640,43 kn  
143,00 €  
1.077,43 kn

#### **SPA PEDICURE 40min**

53,00 €  
399,33 kn

#### **SPA MANICURE 30min**

44,00 €  
331,52 kn

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THE  
MASSAGES



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**PRECIOUS STONES MASSAGE 60min**

Precious stones of Pink Quartz, Rock Crystal and Agate, designed according to anatomic shapes, to caress your body and become just one

134,00 €  
1.009,62 kn

**MERVEILLE ARCTIQUE MASSAGE 60min**

This exclusive massage is inspired by Swedish massage and deep tissue massage techniques renowned for the muscle relaxation they bring. Intense movements to warm, knead and stretch the muscles, combined with Relaxing Massage Balls for a symphony of hot and cold sensations on the surface of the skin. Relaxing heat and invigorating cold take turns undoing each knot, removing stress, and harmonising and balancing the body.

91,00 €  
685,64 kn

**AYURVEDIC MASSAGE 60min**

This invigorating massage, derived from traditional Indian Ayurvedic practices, rebalances inner energy. Combining intense techniques and friction with percussive and deep smoothing movements performed over warm precious wood oils, the body and mind regain their essential vitality.

91,00 €  
685,64 kn

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**DEEPLY NOURISHING BODY  
MASSAGE 60min**

93,00 €  
700,71 kn

The ultimate nourishing body massage, great for restoring the feeling of comfort to dry and very dry skin. Relaxing movements and a gentle massage restore firmness and softness to even the most sensitive skin.

**CLASSIC BODY MASSAGE 60min**

86,00 €  
647,97 kn

By reducing minor discomforts and pains and to relieve tension and stress, the technique of traditional wellness styles guarantee complete relaxation of muscle tension and circulation

**TIME FOR TWO 60min**

151,00 €  
1.137,71 kn

Enjoy the relaxing massage experience with your friend or partner. The exclusive couple massages are a great way to enjoy together.

**TIME FOR TWO WITH PRIVATE BATH 120min**

203,00 €  
1.529,50 kn

It says nothing about romance like a relaxing massage for couples with a luxurious private hot tub and you may never want to leave!

**BACK & NECK MASSAGE 40min**

74,00 €  
557,55 kn

It is performed locally mainly for back and neck ailments or problems. It stimulates the flow of blood and nutrients to the muscles and reduces muscle tension. It has general effects on both muscle activation and overall relaxation.



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**DEEPLY NOURISHING HAND MASSAGE 20min**

An area subject to everyday stress, your hands need comforting. All the expertise of Thalgo's massage techniques stroking, kneading, stretching — coupled with the effectiveness of the Cold Cream Marine recipe, for a unique moment of enveloping and repairing.

39,00 €  
293,85 kn

**DEEPLY NOURISHING FOOT MASSAGE 20min**

The feet represent the essential connectors between Earth and Heaven for a good flow of energy. This massage provides deep well-being and intense relief of nervous tension.

39,00 €  
293,85 kn

**SCALP MASSAGE 20min**

The head, back of the neck and trapezius centralise a lot of nervous tension. Relaxing with a targeted massage provides deep relaxation, lowers sensitivity to stress, helps you to switch off and improves the quality of sleep.

39,00 €  
293,85 kn

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THE  
BATHS





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## THE BATHS 30min

### EFFERVESCENT CRYSTAL BATH

Gently rocked by the waves of the hydro massage bath and intoxicated by the relaxing scents of the Merveille Arctique fragrance, the mind escapes to the hot water springs of Iceland

61,00 €  
459,60 kn

### PRECIOUS MILK BATH

Embrace the slow pace of the river and linger in a hydro-massage precious milk bath, fragrant with sweet, powdery scents

61,00 €  
459,60 kn

### AROMACEANE BATH

100% pure and natural Essential Oils act in a targeted way for a tailored aromatic bath - choose from Slimming with toning and draining cocktail of Atlas Cedar, Spearmint and Grapefruit or Relaxing with fine Lavander, Rose and Magnolia

61,00 €  
459,60 kn

### OLIVINE EXTRACT BATH

Enveloped in a creamy balm with a green Olivine shimmer, step into a hot hydro-massaging bath which gradually transforms into a hydrating milk bath

61,00 €  
459,60 kn

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## SPA PEDICURE & MANICURE

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	Nail polish	Gelish
<b>SPA PEDICURE 60min</b>	57,00	63,00 €
We have chosen the best products designed to be gentle and effective and relax as we offer you a transformative journey	429,47	474,67 kn
<b>SPA MANICURE 50min</b>	48,00	57,00 €
Enjoy a refreshing scrub and mask topped off with a moisturizer to leave your hands soft and hydrated	361,66	429,47 kn



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## DEPILATION BY PERRON RIGOT

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Epilation whole legs	30min	29,00 € 218,50 kn
Epilation part legs	20min	19,00 € 143,16 kn
Epilation bikini / underarm	15min	11,00 € 82,88 kn
Epilation brazilian	40min	39,00 € 293,85 kn
Epilation arm	20min	18,00 € 135,62 kn
Epilation upper lip / chin	10min	8,00 € 60,28 kn
Eyebrow shaping	15min	9,00 € 67,81 kn

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# ZEN SPA



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## **SOUL SAUNA**

A journey into the past and the heart of this fascinating Nordic culture. The temperature is regulated so that it is always between 80°C and 90°C. The sauna is an excellent remedy for purifying the body, it strengthens the immune system, improves circulation and breathing

## **GENTLE BIO SAUNA**

It is a gentle solution for those who find Finnish saunas too hot, suffocating or are not keen on excessive humidity in steam saunas. The Bio Sauna normally have a temperature of 40°C to 60°C with a humidity of 20% to 50%

## **SOUL STEAM**

Water is health, even when it takes the form of a cloud of steam that envelops the body. The humidity reaches 100% and the temperature is around 40°C. The warm steam decongests the breath, tones and relaxes, proves to be one of the best therapies to combat the stress and tension to which we are subjected daily.

## **WATER PARADISE**

Ideal solution for enveloping yourself in the sensations that only water can offer the body. Water Paradise is a brilliant blend of four different showers enclosed in a path; a unique way to experience a multisensory water experience. Shower head jets will automatically alternate the pleasure of 4 different showers offering different levels of warmth, color and intensity, and enveloping the guest within unique wellness in a few seconds. Tropical rain, cold rain, waterfall and cold mist combine and complement each other for a sensory, enjoyable and relaxing experience

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## ICEFALL

The icefall is the cold reaction that best combines with the high temperatures found in spa cabins. It helps normalize the body temperature and the heart rate, with beneficial results in terms of toning the skin and vasoconstriction. For a fully reinvigorating effect the ice crystals should be massaged onto the body from the lower limbs upwards, completing the wellness path begun earlier in the steam and heat baths.

## RELAX ROOM

Rest is defined as the condition during which the body is in a state of relaxation and positive feeling. This is the moment that allows the body to recuperate and prepare for the next entry into a hot environment. **Salt Wall** regulates and maintains the intensity of heat and humidity in the room, the right conditions to encourage the natural process of ionization of the mineral salt.



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Use of the Zen Spa wellness area is complimentary for guests of the hotel.

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You may wear a robe and slippers from your room when you visit us.

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The reservation for the Zen Spa zone and swimming pool is required.

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Zen spa & swimming pool with whirlpool  
for outside guests — 240min / 47,00 €, 354,12 kn

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1 € = 7,53450 KN

Wellness & Spa

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## SPA ETIQUETTE

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**RESERVATION** To ensure that your preferred treatment or therapist is available, we invite you to schedule your appointment in advance at the Spa reception. Spontaneous bookings (day-of-service / walk-ins) are always welcomed, and will be confirmed based on availability.

**CANCELLATION POLICY** We require a six hours notice to cancel your treatment without charge. The amount of 50% of a treatment will be charged if it is not cancelled in accordance with the cancellation policy, or if it is not attended.

**SPA ARRIVAL** We would advise arrival to the SPA center ten minutes prior than scheduled in order to provide the service at the scheduled time. Please notice that late arrivals will result in a shortened appointment. In fairness to others, we must follow scheduled appointment times so the next guests' sessions can begin on time. Please note that in case of late arrival you will be charged the full amount of the service.

**DIALOGUE** Communication with your therapist should be a free and open dialogue. Prior to the start of your service, please advise the areas you would like the therapist to focus on and any areas that should to be avoided. During your service please let the therapist know if you feel any discomfort. Please inform your therapist if you have any medical conditions as this may interfere with Spa use and treatment selection.

**PAYMENT** We accept cash and all major credit cards; as well as room charge. Prices include VAT. Prices are subject to change without prior notice.

**VALUABLES** The hotel takes no responsibility for lost or damaged personal items. Please leave your valuables in your room or use lockers provided in the changing rooms.

**MINIMUM AGE** We welcome guests of all ages in the pool area. Spa zone and Gym are reserved for guests 16 years of age and above.





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WORKING HOURS every day from 8 a.m. until 9 p.m.

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di Brioni

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